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## GVW-251-843-361B

Sliding Door Rear Arm Quiet Roller Bearing  
1984-1991 Vanagon 2WD, 4WD

We are proud to offer an updated quiet roller kit with a new and improved bearing housing featuring pure Delrin® for increased durability, wider flanges, and a thicker body for longer life and less worries on the road! As an added safety precaution, this kit replaces the OE nut with the new GoWesty safety nut to prevent the door from falling off when your buddy slams it closed one too many times!

### Tools Needed

- Phillips Head Screwdriver
- Rubber Mallet (Recommended)
- 10mm Socket
- 13mm Socket



### Parts List

- SS M6 Safety Nut
- Sealed Precision Ball Bearing
- Low Profile Bearing Snap Ring
- Delrin Bearing Housing



*Fitment Note: Some 1984 and all 1985-91 Vanagon. If you have an '84, please check to see if your van has this roller. Earlier models have a plastic bushing in this location.*

***We strongly recommend that you watch the video linked to our quiet roller webpage for complete sliding door maintenance and installation tips.***

### Installation Instructions



- 1)** Begin by removing your hinge assembly from the sliding door. This will require a screwdriver, 13mm socket, and rubber mallet. For more information please see the videos on our website and/or your Bentley Manual (58.11-58.17).
- 2)** Next, remove the 6mm nut with your 10mm socket, and remove the original bearing.
- 3)** Press the new bearing into place with the snap ring facing out.



**⚠** *Note: You shouldn't need to hammer these bearings on. If the fit over the shaft is snug, take some sandpaper or similar abrasive and clean any corrosion or debris off the shaft before fitting. If any force is needed to seat it, press on the inner race of the bearing, not the outer Delrin® piece.*



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- 4) Add the safety nut and tighten down to 7ft-lbs. It is *really easy* to overtighten this nut with the large wrench required. Use caution to avoid fracturing or stripping the safety nut or hinge post.



⚠ DO NOT OVERTIGHTEN the safety nut.



- 5) Reinstall your hinge assembly. Sand the top of the track so it is free of rust and as smooth as possible and be sure to lubricate the pivot if it is not free—replace the assembly if in doubt. Available from GoWesty [online!](#)



**You're Done!**